

## Zandifar MD's Response to the COVID-19 Pandemic

Dear patients,

In these unprecedented times, we understand the stress that the current pandemic has on you and your family. As your doctors and partners in the care of your health, we would like to make you aware of the following recommendations:

- 1) remember that handwashing continues to be one of the best and most effective ways to decrease the spread of airborne and droplet viruses.
- 2) practice social isolation during these times so that you can decrease the risk of the spread of the virus within the community.
- 3) wear a mask when in public, indoors, or in crowded places.
- 4) if you are sick, please stay home. The following symptoms have been associated with the current pandemic: (a) a non-productive cough (b) fever and (c) shortness of breath. If you exhibit any of these symptoms, please do not visit the doctor's office; contact your doctor so that they can treat you appropriately.

Finally, in an effort to protect our patients, our staff, and the community at large, we are extending our telehealth medicine program to all patients who need it. We are able to perform virtual consults and treat you from the comfort of your home without the risk of exposing you and other patients. Zandifar MD has been at the forefront of telemedicine over the past few years and we will continue to innovate in order to assist all our patients in need. Please contact our office to inquire further.

Sincerely,

Hootan Zandifar MD